



**THE OHIO STATE
UNIVERSITY**
WEXNER MEDICAL CENTER

Pregnancy and Childbirth Education

September 2024 class listings

All classes located at **Ohio State Outpatient Care Upper Arlington — 1800 Zollinger Road, Room 1400.**

Class registration includes the patient and one adult guest, unless otherwise specified.

For more information about each class and to register, please visit **perinatal-osu.nbsstore.net**.

Class schedules are subject to change.

Questions? Email **Kori.Fenner@osumc.edu**.

Full-Day Childbirth Education — 8 participants per class

Class	Time	Fee
September 7	9:30 a.m.-5 p.m.	\$80
September 28	9:30 a.m.-5 p.m.	\$80

Childbirth Education EXPRESS — 8 participants per class

Class	Time	Fee
September 16	6-9 p.m.	\$40
September 23	6-9 p.m.	\$40

Natural Childbirth Education — recommended for midwife patients — 8 participants per class

Class	Time	Fee
September 22	9:30 a.m.-5 p.m.	\$80



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Reach Out Stay Strong Essentials (ROSE) 4-Class Series

In-Person 4-Class Series	Time	Fee
September 4	3:30-5 p.m.	\$60
September 11	3:30-5 p.m.	
September 18	3:30-5 p.m.	
September 25	3:30-5 p.m.	

Virtual 4-Class Series	Time	Fee
September 3	Noon-1:30 p.m.	\$60
September 10	Noon-1:30 p.m.	
September 17	Noon-1:30 p.m.	
September 24	Noon-1:30 p.m.	



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Baby Basics — 8 participants per class

Class Date	Time	Fee
September 12	6-9 p.m.	\$40
September 29	9 a.m.-Noon	\$40
September 29	1:30-4:30 p.m.	\$40

Breastfeeding Basics — 8 participants per class

Class Date	Time	Fee
September 18	6-8:30 p.m.	\$40
September 30	6-8:30 p.m.	\$40

Infant and Child CPR — 6 participants per class

Class Date	Time	Fee
September 5	6-8 p.m.	\$40
September 10	6-8 p.m.	\$40
September 19	6-8 p.m.	\$40
September 21	9-11 a.m.	

Grandparenting 101 — 8 participants per class

Class Date	Time	Fee
September 4	6-8 p.m.	\$20