Patient Information Sheet (Please Print)



Patient Name:	// Date of Birth://
Last	irst Middle I.
Soc. Sec. #: / /	Sex: □ M □ F
Race: □White □Black/African American □Native Hawaiian/other Pacific Islande	□American Indian/Alaska native □Asian □ Other
Ethnicity: □Not of Spanish/Hispanic descent	□Spanish/Hispanic Primary Language:
Home #: Cell #: _	Work #:
Address:	
	State: Zip:
Referring Physician:	Phone:
Primary Care Physician:	Phone:
Emergency Contact	Phone:
Person(s) we may speak with regarding your Name:	medical/financial information should the need arise: Relation:
■ Primary Insurance Company:	
	Group # :
Please enter the <u>policyholder's</u> information below.	If you are the policyholder, check this box \square and skip to the next section.
Policyholder's Name:	Date of Birth: / /
Last First	
Address:	
City:	
Home Phone	Work Phone
Employer:	
■ Secondary Insurance Company:	
	Group # :
Please enter the <u>policyholder's</u> information below.	If you are the policyholder, check this box \square and skip to the next section.
Policyholder's Name:	Date of Birth: / / irst Middle I.
	irst Middle I. Soc. Sec. # / / / /
Address:	
City:	
Home Phone	Work Phone
Employer:	

Patient Name:			
■ Work Related Injuries			
Date of Injury:/			
Employer:	_ County located in:		
Address:			
City:	_ State:	Zip:	
Phone:	_		
Contact Name:	Phone:		
Address where Injury Occurred- if different than address above	<u>2:</u>		
City:	_ State:	Zip:	
Job Title: Usus	al Job Duties:		
State where Injury Occurred:			
Auto Insurance Carrier:			
Insurance ID # :Address:			
City:		Zip:	
Phone:		-	
Contact Name:			
■ Attorney Information - if Applicable Name:			
Address:			
City:		Zip:	
Phone:	_		

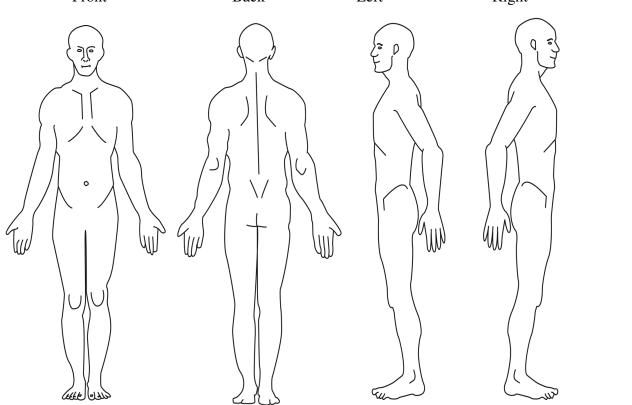
PATIENT PAIN HISTORY:

Patien	t Name:				_ Date	of Birtl	h:				Age:		
1.	Which is your domina	ant hand?	□ Lef	t 🗆	Right		mbid	lextroi	us				
2.	What is your main co	mplaint?											
3.	Is this the result of a V Describe this incident	Work Injur	y? □ No	□ Yes	If yes,	date of	injur	y:	/_		_/		
4.	Is this the result of a M Describe this incident												
	☐ Driver ☐ Passenger Front S ☐ Passenger Back Se			ess of cons rbags dep atbelt		i		mbula			l Back	boa	rd
5.	If you answered NO t	-		-				-			•		
	Prior to this episode,		completel	y symptor	n free? □	IYes [□ No	If no	, pleas	se e	xplair	n:	
8.	What doctors have yo	u seen for	this prob	lem?									
9.	Please answer the foll Pain Scale: 0 is no pa	ain and 10	is the wo		you have	ever ha No Pair		3 4	5	6	7 8	Wor s	st Pain 10
	In the last 30 days, w			een at its	best?	0 1	$\frac{2}{2}$				7 8		10
	In the last 30 days, w					0 1	2	3 4			7 8	9	10
	How frequent is your How long does your pain getting:	pain last?	□ L □ B	Constant Less than 1 Better No Effect on Pain	□ Wors	l Less t	han 1	day t chan Wo i	ging	Re	_	No	night Effect n Pain
	Sitting	raiii	гаш	on rain	Standing	.		<u></u>	aiii		гаш		ı Faiii
	Rising from sitting				Driving)				+			
	Walking				Coughin	g/Sneez	zing			+			
	Bending forward				Lying or					\top			
	Bending backward				Lying or								

Bending to the side	Lying on your stomach		

Patient Name:

Use the following symbols to indicate on the drawing exactly where your pain is at the present time.



TESTING AND TREATMENTS:

•	Which of the following tests have	e been	done for	your condition?

□ X-ray *	Date://		Facility	
□ MRI *	Date:/		Facility	
☐ Cat Scan *	Date:/		Facility	
☐ Bone Scan *	Date:/		Facility	
□ EMG	Date://		Facility	
□ Other:		Date:	/ / Facility	

* Please bring any/all X-rays, MRIs, and Medical Records that may pertain to your current problem/injury.

Patient Name:						
1.	Have you had any Phys If yes, please indicate 1. Body Part Treated:	the fol	lowing:	years? □ No □ Yo		
	When (Month/Year):			How Long:		
	2. Body Part Treated:			Facility:		
	When (Month/Year):			How Long:		
2.	Please indicate any ot	her trea	atments you have ha	d for your present injury:		
	☐ Ice/Heat					
	☐ Anti inflammatory Including Over the Co			When?	How Long?	
	□ TENS/ E Stim			Do you have a unit for	home use? □Yes □ No	
	☐ Traction			Do you have a unit for	home use? □Yes □ No	
	□ Exercises					
	☐ Acupuncture					
	□ Massage					
	☐ Chiropractic					
	□ Injections			ions?ion?		
	□ Bracing					
	☐ Psychological Treatment					
PAST	MEDICAL HISTORY:	<u>1</u>				
	you or have you had any Alcohol Abuse Arthritis (Osteoarthritis) Arthritis (Rheumatoid) Asthma Cancer	•	ms with the following ☐ Cholesterol ☐ Drug Abuse ☐ Diabetes ☐ Fibromyalgia ☐ GERD (Reflux)	: (Check all that apply) □ Heart Disease □ Hepatitis □ HIV/AIDS □ Hypertension □ Kidney Disease	☐ Liver Disease ☐ Stroke/ TIA ☐ Thyroid ☐ Anxiety ☐ Depression	
	Past Work Injury – Date:			☐ Past Motor Vehicle Acci	dent – Date:	
2 / 11/11	Relative	oncer a	•	elative	Relative	
	Heart disease		☐ Arthritis	☐ Hyper	rtension	
	Alcohol Abuse Cancer		☐ Diabetes	Drug	Abuse	

tient Name:					
ease list surgeries you have had:		Da			
CIAL HISTORY:	_	_			
☐ Married ☐ Single ☐ S	Separated	ed			
1. Do you Smoke? ☐ No ☐	Yes If yes: Packs/Day	y How many years?	/ □	Quit When?_	
2. Do you drink alcoholic beve	rages? No Yes	If yes, how much per da	ay?	Per week?_	
3. Do you use or have you used If yes, what kind and when?	~				
IPLOYMENT STATUS:					
1. Job Title/Occupation:					
2. Briefly describe your job du	ties:				
3. Are you currently under wor	k restrictions	Yes If Yes, what are	your restric	tions?	
4. Please check current work st				91.19	
☐ Working Full Time: Hou ☐ Working Part Time: Hou		•			
☐ Working Light Duty: Hou ☐ Off Duty Due to Injury:	ırs worked per day	Days worked per w			
☐ Retired/Not Working					
CTIVITIES OF DAILY LIVING	E: Please check the leve	el you are presently able	to complete	the following a	ctivities
-	eed some Unable ssistance	Iı	ndependent	Need some Assistance	Unabl
Walk □		Feed yourself			
Dress □ Bathe □		Clean your house Care for your family			
Drive Drive		Care for your failing	<u></u>		
1. Are there other limitations d	ue to current condition?	?			
2. At one time, how long can y	ou: Sit	Stand		Walk	
3. Do you use any of the follow	ving? ☐ Straight can	ne	□ Walk	er 🗆 W	'heelcha
4. Prior to your injury/illness w	•	•		es	
If yes, please explain:					

Patient Name:	

Review of Systems

Do you have problems with any of the following? Please check all that apply.

General	Circulation	□Ease of bruising
□Fatigue	□Discoloration of feet/legs	□Ease of bleeding
□Weakness	□Sores/ulcers on feet/legs	
☐Trouble sleeping	□Swelling of ankles/legs	Psychiatric
	□Calf pain with walking	□Nervousness
	□Leg Cramps	☐Memory loss
Skin	□Varicose veins	□Stress
□Rashes		□Bipolar Disorder
□Dryness		☐Other psychological
□Color changes	Gastrointestinal	diagnosis
☐Hair/nail changes	Difficulty swallowing	£
—114111, 11411 41141184 3	□Heartburn	Women Only
	☐Unexplained nausea/vomiting	□Currently pregnant
Head	□Change in bowel habits	□Breastfeeding
☐Headache	□Constipation	☐Date of last menstrual period
	□Diarrhea	/ /
☐Head Injury	□Blood in stool	/
	□Loss of bowel control	
	□Abdominal pain	Reviewed By:
Eyes/Ears/Nose/Throat	-	•
□Blurry or double vision		
□Eye pain	Genitourinary	.
□Blindness	□Frequent urination	Date:/
□Ear pain	□Painful urination	
□Ringing in ears	□Loss of bladder control	
□Deafness		
□Nose bleeds	Musculoskeletal	
□Dry mouth	☐Muscle or joint pain	
□Sore throat/hoarseness	□Stiffness	
□Non-healing sores	□Back pain	
č	□Redness of joints	
	□Swelling of joints	
Neck	□Trauma	
□Stiffness		
□Swollen glands	Nervous System	
□Pain	□Dizziness	
Li am	□Fainting	
	□Seizures	
C1!	□Numbness/Tingling	
Cardiac	Divarioness/Tinging	
□Palpitations	Matabaliana/Endaanina	
Chest discomfort at rest	Metabolism/Endocrine	
□Chest discomfort with activity	Heat or cold intolerance	
	Excessive sweating	
Respiratory	Increased thirst	
□Wheezing	Change in appetite	
□Shortness of breath with normal	☐Recent unexplained weight changes	
activity		
☐Shortness of breath with exertion		
□Cough- wet, dry or productive		
□Coughing up blood	Hematology	
	☐Unexplained fevers	

Patient Name:			
	MEDICATION IN	TAKE SHEET	
Please list all medications take medications. Please list all medic			
For Office Use Only: Initial: Ht:	Wt:	BP:	Pulse:
Medication Name	Dose/Strength	Times taken per Day	Who Prescribes
Please list any Me	dications you have tried	d in the past for thi	s current problem:
Medication:		Who Prescribed: _	
Medication:		Who Prescribed: _	
Medication:		Who Prescribed: _	
Medication:		Who Prescribed: _	
Medication:		Who Prescribed:	
ALLERGIES:			
Pharmacy Name			

Medication Agreement/Refill Policy

Your treatment plan with NERA may include the care from multiple disciplines, including diagnostic and/ or therapeutic interventions, behavioral medicine, alternative therapies, physical therapy and the prescription use of medications. As you know, medications can have serious side effects if they are not managed properly. Your health and safety are very important to us and we need your help to make sure your treatment follows the prescribed guidelines. This agreement is an essential factor in maintaining the trust and confidence necessary in a physician/patient relationship.

Please read each statement and sign the agreement below. If you have any questions regarding this information or practice policy regarding the prescribing of controlled substances, please request clarification.

You acknowledge that you:

- 1. Understand that there are potential side effects and interactions involved with taking any medication, including the risk of addiction. Other possible complications include but are not limited to: constipation, difficulty with urination, fatigue, drowsiness, nausea, itching, stomach cramps, loss of appetite, confusion, sweating, flushing, depressed respiration and reduced sexual function. You may develop a tolerance, and become physically dependent on the medication as well. You understand and accept that there may be unknown risks associated with the long-term use of the substances prescribed.
- 2. Understand that opiod medications can cause physical dependence within a few weeks of starting opioid therapy. If you suddenly stop or decrease the medication, you could experience withdrawal symptoms (including nausea, vomiting, diarrhea, aches, sweats, chills) that may occur within 24- 48 hour of the last dose. You will not stop these medications without consulting your NERA physician.
- 3. Agree that you are solely responsible for the safekeeping of your medication and prescriptions used in your treatment. Since the drugs may be hazardous to a person who is not tolerant of their effects, especially children, you must keep them out of reach of such people.
- 4. **Agree that you will treat your medications and prescriptions as you would any valuable possession.** You understand that NERA does not replace LOST OR STOLEN prescriptions or medications or those destroyed by fire, flood, etc.
- 5. Agree that you will not share, sell, exchange or otherwise permit others to have access to these medications for any reason.
- 6. Agree that it is your responsibility to keep yourself and others from harm. This includes driving and the operation of machinery while taking medications that may cause drowsiness or impair cognitive function. If there is any question of impairment of your ability to safely perform these activities, you will not attempt to perform the activity until the side effects have had time to resolve.
- 7. Understand that if you are pregnant or become pregnant while taking medications, your child could be physically dependent on the opiods and withdrawal can be life threatening for a baby. If a female of childbearing age, you certify that you are not pregnant and you will use appropriate contraceptive measures during the course of treatment with medications. Many medications could harm the fetus or cause birth defects.
- 8. Agree to take the medication only and exactly as prescribed by your NERA physician. You may not change your medication dosage amounts without prior authorization from your prescribing physician.
- 9. Agree to notify NERA if you experience any adverse effects or dosage problems with your prescribed medications. You may be asked to bring any unused medications to NERA for disposal
- 10. Agree that you will not use any illegal substance, (cocaine, heroin, marijuana, etc) while being treated with controlled substances. Violation of this will result in the cessation of the prescribing of any controlled substances and may result in the termination of your care with NERA.
- 11. Agree that if you receive a prescription for a controlled substance from a NERA provider that you will not accept controlled substance prescriptions from any other physician without your NERA physician's consent. Obtaining medications from multiple sources can lead to drug reactions and poor coordination of treatment. If, for some reason, you encounter an emergency situation and are given controlled substances by a health care professional, you agree to report the facts of this matter to your NERA physician and you consent to the disclosure of all personal

health information related to this matter.

- 12. **Agree to use only <u>one</u> pharmacy for your pain-related medications**. In the event that circumstances require the use of another pharmacy, you will notify NERA of this immediately and provide them with all pertinent contact information.
- 13. Agree to allow your NERA physician to send a copy of this agreement to your pharmacy, referring physician and all other physicians involved in your care.
- 14. Agree to keep all scheduled appointments. You understand that no medication prescriptions/refills will be given for canceled or no-show appointments. You understand that if you are 15 minutes late for an appointment time, you will be rescheduled for another appointment and no prescriptions/refills will be given.
- 15. Agree that you cannot be seen at the office without a scheduled appointment for any reason. NERA physicians do not see "walk-in" patients.
- 16. Understand that it is not our practice to make changes to your prescriptions by telephone.
- 17. Understand that each prescription is for a specific number of pills, designed to last a certain amount of time. Early refills generally will not be given.
- 18. Understand that you must call the office two days before your prescription(s) will run out so we have sufficient time to process your refill request. Medical Assistants' phone triage hours are from 9AM- 4:00PM, Monday through Friday for refill requests and questions. Medical Assistants are assisting the doctors during the day and may not be able to speak with you directly at the time of your call. Please leave detailed information and you will receive a call back before the end of the business day. Calls after 4:00 PM will be addressed the next business day. Calls after 4:00 PM on Friday will be addressed the following Monday.
- 19. Agree not to seek medication/refills after office hours, on the weekend, on holidays or prior to next office visit.
- 20. Understand that you can be asked to bring any or all of you prescribed medicines to your office appointment or at a random time for a prescription compliance check (Pill Count)
- 21. Understand that changing dates, quantity, strength of medicines or altering a prescription in any way is against the law. Forging prescriptions or a physician's signature is also against the law. Dealing with forged, falsified, or altered prescriptions will result in your immediate discharge from NERA. NERA cooperates fully with law enforcement agencies in regards to infractions involving prescription medications.
- 22. Understand that if the responsible legal authorities have questions regarding your treatment, all confidentiality is waived and these authorities may be given full access to our records of controlled substance administration.
- 23. Understand that NERA reserves the right to perform a urine drug screen at any time while you are being treated with prescribed, controlled substances. If the results of the urine drug screen do not reflect medicine prescribed by your physician or you test positive for illegal substances, you understand this may result in the cessation of the prescribing of any controlled substances and you may be discharged from the practice immediately.
- 24. Understand that the main treatment goal in using pain medications is to improve your ability to function and/or to work and /or reduce pain, In consideration of that goal and the fact that you may be given strong medication to help you reach that goal, you agree to help yourself by following better health habits. This may include exercise, weight control and avoiding the use of nicotine. You agree to comply with the treatment plan as prescribed by your NERA physician.
- 25. Understand that your medication regimen may be continued for a definitive time period as determined by your NERA physician. Your treatment plan will be reviewed periodically. If there is no significant evidence of improvement or that progress is being made to improve your functioning or quality of life, the regimen may be tapered or possibly discontinued and your care referred back to your primary care physician.
- 26. Understand that this agreement is important to your physician's ability to treat your pain effectively, and that failure to comply with the agreement may result in the discontinuation of prescribed medication and the possibility of termination of the physician/patient relationship.
- 27. Understand that inappropriate or abusive behavior or harassment of any NERA staff will not be tolerated. The

physicians will determine what actions can be considered harassment on a case-by-case basis and if warranted, you can be discharged from the practice.

28. Understand that the physicians of NERA may terminate and cancel any prescriptions, and discharge you from the practice if any of the following occurs:

- You give, sell, or misuse your pain medication, including but not limited to: taking more medication than prescribed, running out of medication early, obtaining medications at more than one pharmacy,
- You fail to keep your follow- up appointments,
- You attempt to obtain pain medication after office hours, on the weekend, on holidays, from any other physician, or any other source,
- You do not cooperate with requested Pill Counts or Urine screens,
- Your urine screen shows the presence of medications that your NERA physician is unaware of, the presence of illegal substances, or does not show the presence of medications that your are receiving a prescription for,
- You are released from the practice for any reason,
- Any aggressive behavior toward NERA staff or physicians,
- <u>Any</u> allegations, suspicious information or an investigation is initiated by anyone regarding potential violations of this agreement, is brought to the attention of your NERA physician.

By signing this document you acknowledge that:

- You have thoroughly read, understand and accept all the above provisions.
- You understand that you will receive information from your treating NERA physician regarding the risks and potential benefits of these medications and you should address any concerns regarding your medication regimen with your NERA physician.
- You have received and understand the NERA Prescription Refill Policy.
- You agree to adhere to the terms of this Medication Agreement and the NERA Prescription Refill Policy, knowing that **failure to do may result in termination of treatment with all Northeast Rehab providers**.
- This agreement is in effect for the duration of your treatment.

Your NERA physician understands that emergencies can occur and under some circumstances exceptions to these guidelines may be made. Emergencies will be considered on an individual basis. Lack of strict adherence to any provision of this agreement by your NERA physician in no way invalidates any other provision of this agreement. If at any time you are concerned about your medication or side effects of your medication, please contact our office.

Patient Signature	Date/	/
Patient Name Please Print	Date of Birth	/
The pharmacy you have selected is:	Pharmacy Name	Phone
If you change your pharmacy for any represcription.	eason, you agree to notify this office at the	time you receive a
Reviewed by Physician/Staff Signature	Date	_//