



Adverse Childhood Experiences (ACE) Categories

ACE Category	Women (9,367 total)	Men (7,970 total)
Abuse		
Emotional abuse: A parent, stepparent, or adult living in your home swore at you, insulted you, put you down, or acted in a way that made you afraid that you might be physically hurt.	13.1%	7.6%
Physical abuse: A parent, stepparent, or adult living in your home pushed, grabbed, slapped, threw something at you, or hit you so hard that you had marks or were injured.	27%	29.9%
Sexual abuse: An adult, relative, family friend, or stranger who was at least 5 years older than you ever touched or fondled your body in a sexual way, made you touch his or her body in a sexual way, or attempted to have any type of sexual intercourse with you.	24.7%	16%
Household Challenges		
Mother treated violently: Your mother or stepmother was pushed, grabbed, slapped, had something thrown at her, kicked, bitten, hit with a fist, hit with something hard, repeatedly hit for more than at least a few minutes, or ever threatened or hurt by a knife or gun by your father (or stepfather) or mother's boyfriend.	13.7%	11.5%
Household substance abuse: A household member was a problem drinker or alcoholic or a household member used street drugs.	29.5%	23.8%
Mental illness in household: A household member was depressed or mentally ill or a household member attempted suicide.	23.3%	14.8%
Parental separation or divorce: Your parents were ever separated or divorced.	24.5%	21.8%
Criminal household member: A household member went to prison.	5.2%	4.1%
Neglect		
Emotional neglect: No one in your family helped you feel important or special; you didn't feel loved; people in your family didn't look out for each other or feel close to each other; and your family was not a source of strength and support.	16.7%	12.4%
Physical neglect: There was no one to take care of you, protect you, and take you to the doctor if you needed it; you didn't have enough to eat; your parents were too drunk or too high to take care of you; and you had to wear dirty clothes.	9.2%	10.7%

Note: Based on the Centers for Disease Control and Prevention–Kaiser Permanente ACE Study prevalence data from the Injury Prevention & Control: Division of Violence Prevention website: <https://www.cdc.gov/violenceprevention/acestudy/about.html>.