

Advocating for sexual reproductive health rights for adolescents' girls in Africa and Mena

Dr.Natasha Precious Kabonde

Zambia Royal Medical University- Diploma in General Medicine

Abstract

Africa is experiencing the largest youth population ever in its history entering child bearing age of 14 or less, with adolescents constituting more than one quarter of the total population. Teenage pregnancy rate stands at 28% and about 42% of girls are married by age 16; while an estimated 30% of maternal deaths are a result of unsafe abortions, of which 80% are among adolescent girls. Due weak supportive legal policy and less accountability by most government at local or district level on sexual and reproductive health rights for adolescents' girls and young women has caused above problems. During my research, I noted that 80% of the district development plans do not have the plan in place at district -grass root level .The paper will provide information and recommendation how to improve accountability and awareness of sexual and reproductive health rights for adolescents' girls at district level.

Biography

She is a young Zambian lady aged 21, medical doctor by professional. I am presenting this paper because I am the past victim of sex abuse at age of 13 had a baby due lack of sex education which is affecting a lot of adolescent's girls, in Africa. Most of the girls after having a baby at early age they end up dropping school and get married. I am encouraging all adolescents' girls who are having babies y to go back to school and continue their studies. I am a testimony to the adolescents' girls who have passed through the problem of human rights abuse thus lack of sexual and reproductive health education which nearly costed my life.