



Age-Expected, Immediate Foundational, & Foundational Skills/Behaviors Exercise

Answer KEY

Identify the age-expected [AE], immediate foundational [IF], and foundational (those leading to immediate foundational) [F] skills/behaviors for a **30 month old child**.

Outcome 1 Positive Social Relationships

Relating with Adults

AE	Routinely initiates and maintains positive back and forth social interaction with familiar adult
IF	Responds favorably to familiar adult's initiated social behavior
F	Prefers to be near primary caregiver and gets upset when caregiver leaves even if briefly

Relating with Other Children

F	Child plays primarily alone – not interested in peers
AE	Child initiates and maintains social interaction with peers
IF	Child responds appropriately to peer social behavior, but does not initiate; may play near peers

Following Rules Related to Groups or Interacting with Others

IF	Given specific verbal prompt, child performs 2 steps in an established routine or alters behavior to comply with established rule or routine
AE	Given general verbal or contextual cues, child initiates series of responses associated with an established rule or routine
F	Given appropriate verbal and physical prompting, child cooperates with familiar adult assistance in following steps of an established routines

Outcome 2 Acquiring and Using Knowledge and Skills

Thinking, Reasoning, Remembering, and Problem Solving

AE	Navigates large object around barriers; uses several different attempts to solve problems; demonstrates persistence
F	Regards object and attempts to retain when presented
IF	Uses part of an object and/or support to obtain another object; makes detour to retrieve object

Understanding Symbols

F	Shows interest in books; manipulates book briefly looking at pictures
IF	Sits and attends to story; enjoys looking at named pictures
AE	Looks through books purposefully and finds details in favorite book picture

Understanding the Physical and Social World

AE	Repeats simple nursery rhymes, songs, or finger plays with adults or children
F	Has less than 50 words; sometimes imitates words not frequently used
IF	Uses 2 word utterances to communicate with adults or children

Outcome 3 Taking Action to Meet Needs

Taking Care of Basic Needs

F	Finger feeds and cooperates with adult feeding; taking food from spoon
IF	Brings fork or spoon to mouth; may have help filling utensil; drinks from cup with assistance
AE	Eats with fork and spoon; drinks from cup

Contributing to Own Health and Safety

IF	Beginning to demonstrate bowel and bladder control; indicates awareness of soiled and wet pants/diaper; sometimes goes in potty
AE	Beginning to initiate need to use toilet; exhibits bowel and bladder control when regulated; washes hands with assistance
F	Little or no awareness of soiled or wet pants/diapers, resists participation in toileting routine

Getting from Place to Place and Using Tools

AE	Runs, avoiding obstacles; walks up/down stairs alternating or not; climbs on play equipment
IF	Walks fast; walks up/down stairs with 2-handed support
F	Gets up and down from low structure (couch); moves up/down stairs creeping, crawling or on bottom