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Clinicopathological and prognostic features of colorectal mucinous adenocarcinomas: a systematic review and meta-analysis

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Abstract

Background Many studies have explored the clinicopathological features and prognosis between colorectal mucinous adenocarcinoma (MAC) and adenocarcinoma (AC) and have given different results. This meta-analysis summarizes previous evidence and evaluates the clinicopathological and prognostic features of MAC relative to AC in colorectal cancers (CRCs).

Methods The meta-analysis was conducted by searching the databases of PubMed, China National Knowledge Infrastructure (CNKI), WANFANG data, Embase, and Web of Science. Pooled odds ratios (ORs) and hazard ratios (HRs) and corresponding 95% confidence intervals (CIs) were calculated to assess the clinicopathological and prognostic differences between MAC and AC.

Results Fifty-six studies involving 803157 patients met the inclusion criteria and were included in this meta-analysis. The clinicopathological features of MAC were greatly different from AC, except for lymphatic invasion (OR = 1.07, 95% CI: 0.99–1.15, $P = 0.09$) and perineural invasion (OR = 0.92, 95% CI: 0.79–1.06, $P = 0.09$). Further investigation found that MAC predicted poor OS (HR = 1.04, 95% CI: 1.03–1.04, $P < 0.01$), but not DFS in CRCs (HR = 1.01, 95% CI: 0.88–1.17, $P = 0.85$). Subgroup analysis found that MAC was obviously correlated with OS in patients with different recruitment time, with tumor located in rectum, from different regions, with different sample sizes and with TNM stage in II, and calculated by different data types ($P < 0.01$).

Conclusions This study shows that MAC displays obviously different clinicopathological features compared with AC. And MAC has a poor OS relative to AC but the DFS was comparable.

Keywords Mucinous subtype, Cancer, Survival

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Introduction

Colorectal cancer (CRC) is one of the leading causes of cancer-related death worldwide [1]. Different histological subtypes of CRC may exhibit quite different clinical characteristics and survival outcomes [2]. Most CRCs are classical adenocarcinomas (AC), and less frequent subtypes mainly include mucinous adenocarcinomas (MAC) and signet-ring cell carcinomas [3]. MAC, with extracellular mucin > 50% of the tumor, accounts for 10–15% of CRCs [4].



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The results of previous studies investigating the clinicopathological and prognostic features are controversial [5]. Molecular and genetic analyses revealed significantly differences between MAC and AC, indicating a prominently different oncogenic development [6, 7]. MAC is more advanced at diagnosis, located mainly at the right side and has a poor prognosis compared with AC [8, 9]. In addition, MAC has a less firm consistency, which may cause symptoms to arise only when the tumor reaches an advanced stage [10]. Adjuvant chemotherapy should be routinely recommended for patients with MAC stage II, and special attention should be paid during their follow-up for chemoradiotherapy resistance [11]. Therefore, the prognosis and clinicopathological characteristics of MAC deserve further investigations. Previous studies quantitatively assessing the differences of clinicopathological features and prognosis in MAC and AC were systematically reviewed in this meta-analysis.

Methods

The reporting of this systematic review follows the Preferred Reporting Items for Systematic Review and Meta-Analyses (PRISMA) statement [12].

Search strategy and study selection

The literature was searched using PubMed, China National Knowledge Infrastructure (CNKI), WANFANG data, Embase, and Web of Science in December, 2022. The search free-text terms used were (((((mucinous) OR (mucus OR colloid)) AND (cancer OR tumor OR neoplasm OR adenocarcinoma OR malign))) AND (rectal OR colon OR colorectal OR rectum)) AND (prognosis).

The control terms used in PubMed were (colorectal neoplasms) OR (colonic neoplasms) OR (rectal neoplasms) and (adenocarcinoma, mucinous). Articles included should meet the following criteria: (1) sufficient information for calculating HR and 95% CI; (2) prognosis features presented in adenocarcinoma and mucinous adenocarcinoma patients; Articles were excluded if they were: (1) narrative reviews, case reports, congress abstracts; (2) studies without comparison of survival data; (3) neither English nor Chinese articles. In total, 56 studies were included in the final meta-analysis [5, 8–11, 13–63]. A flow diagram of the study selection and exclusion of duplicate articles process is presented in Fig. 1.

Data collection

Two authors reviewed all the involved articles and extracted the data independently. Disagreements between the 2 authors were resolved with consensus. We independently extracted the following data from each article: basic research information (name of the first author, publication time, region, number of patients included, survival analysis method); clinicopathological features of patients (gender, age, tumor location, CEA, tumor size, differentiation, metastasis location, lymphatic invasion, venous invasion, peritoneal metastasis, lymph node metastasis, distant metastasis, the mutation of KRAS and BRAF, MSI status, TNM stage and Duke's stage); prognosis (the HRs of the ratio of MAC to AC for overall survival (OS), disease-free survival (DFS), as well as their 95% CIs and *P* values). If available, HRs and 95% CIs were preferentially obtained from multivariate results. Otherwise, they were extracted from univariable outcomes or calculated using

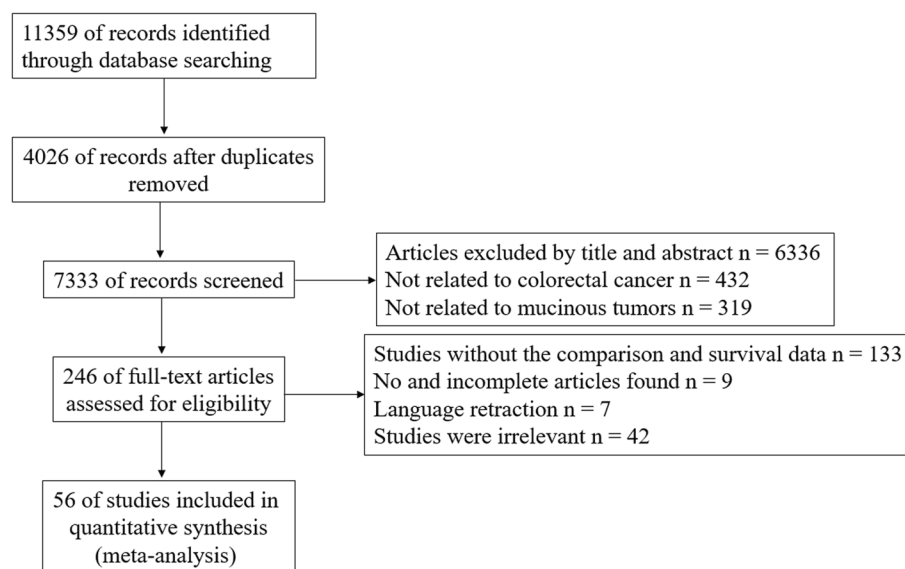


Fig. 1 A flow chart of this study

Engauge Digitizer version 4.1 (free software down-loaded from <http://sourceforge.net>) to read the Kaplan–Meier survival curves to get the HRs and 95% CIs [64–66].

Quality assessment

We independently assessed the quality of all eligible studies using the Newcastle–Ottawa quality assessment scale (NOS). The NOS criteria evaluates the quality of articles from the following three aspects: (1) subject selection, (2) comparability of subject, (3) clinical outcome. We scored the included studies based on these three aspects. Based on the NOS standard score of 7–9, we defined high-quality quality research, 4–6 points for medium quality research, less than 4 points for low quality research.

Statistical analysis

We used Stata statistical software version 15.0 (Stata Corporation, College Station, Texas, USA) and Review Manager version 5 (Revman; The Nordic Cochrane Centre, Copenhagen, Denmark) to perform comprehensive meta-analysis. We used Odds ratios (ORs) and Hazard ratio with 95% confidence intervals (CIs) to evaluate the clinicopathological and prognostic differences between AC and MAC, respectively. The statistical significance of the pooled OR and HR was evaluated with the Z test and *P* values, and *P* < 0.05 was considered statistically significant. Subgroup analysis was conducted to analyze the sources of heterogeneity, which was assessed by means of *Q* and *I*² statistic. Publication bias was assessed by the Begg's rank correlation method and Egger's weighted regression method and *P* value less than 0.05 was considered statistically significant. In addition, we used sensitivity analysis to assess the influence of a single study on pooled HR.

Results

Study selection and description of the included studies

A total of 8176 articles were obtained through database retrieval. After removing duplicated studies and irrelevant studies (included not related to CRC and not related to MAC) through screening title and abstract, 240 studies were remained. Then, we read the full texts of the articles carefully, articles without prognosis, incomplete and language restrictions were eliminated and 56 studies met our inclusion criteria were finally included in this meta-analysis. The main characteristics of the included studies are presented in Table 1. These studies were published between 1976 and 2022. A total of 803,157 patients (sample sizes ranged from 70 to 164,628) were included in this review. The relationship of OS between AC and MAC was described in 54 studies [5, 8–11, 13–43, 45–60, 62, 63] and DFS was compared in 13 studies [9, 11, 44, 46–48, 52, 53, 55, 59, 61–63]. Some included studies explored

the relationship of OS and DFS between MAC and AC in colon and rectum and different TNM stages. The features of the included studies are listed in Table 1. All of the eligible studies scored more than five by NOS, revealing a high methodological quality across all studies.

Differences of clinicopathological features between MAC and AC

Differences of clinicopathological features between MAC and AC were presented in all included studies. MAC was significantly correlated with multiple clinicopathological features, including female (OR = 0.87, 95% CI: 0.86–0.88, *P* < 0.01), tumor located in colon (OR = 1.79, 95% CI: 1.76–1.83, *P* < 0.01), tumor size ≥ 5 cm (OR = 2.26, 95% CI: 2.17–2.36, *P* < 0.01), CEA ≥ 5 ng/mL (OR = 1.62, 95% CI: 1.38–1.88, *P* < 0.01), advanced T,N,M stages (OR = 0.88, 95% CI: 0.87–0.90, *P* < 0.01), advanced Duke's stage (OR = 0.57, 95% CI: 0.46–0.72, *P* < 0.01), moderate and well differentiation (OR = 0.84, 95% CI: 0.82–0.85, *P* < 0.01), non-vascular invasion (OR = 0.87, 95% CI: 0.78–0.98, *P* < 0.01), non-lymphovascular invasion (OR = 0.84, 95% CI: 0.74–0.95, *P* < 0.01), BRAF mutation (OR = 2.80, 95% CI: 1.99–3.94, *P* < 0.01), non-KRAS mutation (OR = 0.68, 95% CI: 0.55–0.85, *P* < 0.01), MSI-H status (OR = 2.80, 95% CI: 1.99–3.94, *P* < 0.01), lymph node metastasis (OR = 2.59, 95% CI: 2.17–3.11, *P* < 0.01), non-liver metastasis (OR = 0.51, 95% CI: 0.41–0.63, *P* < 0.01), non-lung metastasis (OR = 0.62, 95% CI: 0.40–0.95, *P* = 0.03), except for lymphatic invasion (OR = 1.07, 95% CI: 0.99–1.15, *P* = 0.09), and perineural invasion (OR = 0.92, 95% CI: 0.79–1.06, *P* = 0.25) (Table 2).

Prognostic value of MAC in CRCs

A total of 54 studies was enrolled to detect the prognostic value of MAC in OS. A random-effect model was used to calculate the pooled HR and 95% CI because excessive heterogeneity existed among studies (*P* < 0.01, *I*² = 86%) (Fig. 2a). Overall, MAC predicted poor OS compared with AC (HR = 1.04, 95% CI: 1.03–1.04, *P* < 0.01), but the DFS was comparable between MAC and AC (HR = 1.01, 95% CI: 0.88–1.17, *P* = 0.85) (Fig. 2b). To detect potential heterogeneity, subgroup analyses were performed based on recruitment time, region, tumor location, TNM stage, sample size and data type used for calculating survival. As shown in Table 3, MAC was obviously correlated with OS in cohorts with different recruitment time (recruited before 2012 HR = 1.01, 95% CI: 1–1.03, *P* = 0.01; recruited after 2012 HR = 1.04, 95% CI: 1.04–1.05, *P* < 0.01), with tumor located in rectum (HR = 1.09, 95% CI: 1.07–1.11, *P* < 0.01), from different regions (from eastern Asia HR = 1.06, 95% CI: 1.05–1.06, *P* < 0.01; from other regions HR = 1.02, 95% CI: 1.02–1.03, *P* < 0.01), with different sample size (≥ 500 HR = 1.04, 95% CI: 1.03–1.04, *P* < 0.01; < 500 HR = 1.13,

Table 1 Characteristics of studies included in the present meta-analysis

Study	Study region	Recruitment time	No. of patients	No. of patients with MAC	Clinical Stage	Tumor location	Analysis method	OS HR(95%CI)	DFS HR(95%CI)	Quality score
Symond 1976 [12]	American	1955–1959	893	88	Duke A-D	Colon	Kaplan–Meier	1.46(0.95–2.25)	NA	6
Symond 1976 [12]	American	1955–1959	893	44	Duke A-D	Rectum	Kaplan–Meier	1.45(0.82–2.56)	NA	6
Umpleby 1985 [13]	England	1969–1975	669	54	Duke A-D	Colorectal	Kaplan–Meier	0.78(0.51–1.18)	NA	6
Halvorsen 1988 [14]	Norway	1964–1978	770	56	Duke A-D	Colorectal	Multivariate	1.13(0.69–1.83)	NA	7
Connelly 1991 [15]	American	1948–1982	180	60	TNM HV	Colorectal	Kaplan–Meier	0.99(0.54–1.84)	NA	6
Connelly 1991 [15]	American	1948–1982	180	33	II	Colorectal	Kaplan–Meier	1.91(0.7–5.25)	NA	6
PonzdeLeon 1992 [16]	Italy	1984–1989	93	17	Duke A-D	Colorectal	Kaplan–Meier	1.92(0.74–4.98)	NA	6
Yamamoto 1993 [18]	Japan	1978–1989	589	44	Duke A-D	Colorectal	Kaplan–Meier	2.13(1.49–2.94)	NA	6
Green 1993 [17]	American	1982–1985	397	52	Duke A-D	Colorectal	Kaplan–Meier	1.28(0.78–2.08)	NA	7
Secco 1994 [19]	Italy	1979–1986	352	39	TNM HV	Colorectal	Kaplan–Meier	1.64(1.1–2.44)	NA	6
Secco 1994 [19]	Italy	1979–1986	352	17	II	Colorectal	Kaplan–Meier	1.82(0.77–4.35)	NA	6
Secco 1994 [19]	Italy	1979–1986	352	16	III	Colorectal	Kaplan–Meier	1.72(1.02–2.94)	NA	6
Cusack 1996 [20]	American	1961–1990	186	13	Duke A-D	Colorectal	Kaplan–Meier	1.17(0.57–2.40)	NA	7
Wu 1996 [21]	Taiwan	1984–1988	454	53	Duke A-D	Colorectal	Kaplan–Meier	3.13(1.85–5.26)	NA	6
Cerottini 1999 [22]	Switzerland	1980–1989	851	27	Duke A-D	Colorectal	Kaplan–Meier	1.71(1.15–2.53)	NA	8
Purdie 2000 [25]	England	1988–1991	256	46	Duke A-D	Colorectal	Kaplan–Meier	1.03(0.63–1.67)	NA	7
Consorti 2000 [23]	Italy	1986–1997	248	29	TNM HV	Colorectal	Kaplan–Meier	1.24(0.58–2.66)	NA	6
Consorti 2000 [23]	Italy	1986–1997	248	15	III	Colorectal	Kaplan–Meier	1.69(0.62–4.62)	NA	6
Tadahiro 2000 [24]	Japan	1984–1999	300	18	Duke A-D	Colorectal	Kaplan–Meier	2.38(1.41–4.00)	NA	6
Kanemitsu 2003 [26]	Japan	1965–1994	2678	97	TNM HV	Colorectal	Multivariate	1.72(1.25–2.36)	NA	7
Kang 2004 [28]	American	1991–2000	164,628	16,991	TNM HV	Colorectal	Multivariate	1.01(0.98–1.04)	NA	7
Du 2004 [27]	Singapore	1968–1997	15,762	438	TNM HV	Colon	Multivariate	0.87(0.75–1.02)	NA	8
Du 2004 [27]	Singapore	1968–1997	15,762	189	TNM HV	Rectum	Multivariate	1.37(1.13–1.66)	NA	8
Negri 2005 [29]	England	1992–1998	135	45	TNM HV	Colorectal	Multivariate	1.50(1.02–2.19)	NA	7
Lee 2006 [32]	American	1996–2005	5022	294	TNM HV	Colorectal	Kaplan–Meier	0.48(0.35–0.67)	NA	7
Lee 2006 [32]	American	1996–2005	5022	118	III	Colorectal	Kaplan–Meier	0.55(0.35–0.86)	NA	7
Hill 2007 [31]	American	1964–2003	77	48	Duke A-D	Colorectal	Kaplan–Meier	1.49(0.90–2.50)	NA	6
Filippo 2007 [30]	Italy	NA	136	25	Duke A-D	Colorectal	Kaplan–Meier	2.04(0.38–11.10)	NA	7
Pande 2008 [34]	American	2002–2006	753	20	IV	Colorectal	Kaplan–Meier	1.85(0.60–5.88)	NA	6

Table 1 (continued)

Study	Study region	Recruitment time	No. of patients	No. of patients with MAC	Clinical Stage	Tumor location	Analysis method	OS HR(95%CI)	DFS HR(95%CI)	Quality score
Farhat 2008 [33]	American	1986–2003	785	35	Duke A-D	Colorectal	Kaplan–Meier	1.67(0.73–3.85)	NA	7
Sultan 2009 [37]	American	1973–2005	159	39	TNM IV	Colorectal	Kaplan–Meier	1.72(0.90–3.23)	NA	8
Chew 2009 [36]	Singapore	1997–2005	3796	NA	TNM IV	Colorectal	Multivariate	0.80(0.40–2.50)	NA	7
Catalano 2009 [35]	Italy	2001–2006	255	49	TNM IV	Colorectal	Multivariate	1.59(1.05–2.40)	NA	7
Wu 2009 [5]	China	1994–2007	2079	144	TNM IV	Colorectal	Kaplan–Meier	1.40(0.98–1.99)	NA	7
Hyingstrom 2012 [39]	American	1998–2002	244,794	21,037	TNM IV	Colon	Multivariate	1.03(1.00–1.06)	NA	7
Hyingstrom 2012 [39]	American	1998–2002	244,794	4509	TNM IV	Rectum	Multivariate	1.22(1.16–1.29)	NA	7
Numata 201 [40]	Japan	2001–2010	2817	144	TNM IV	Colorectal	Multivariate	2.23(1.62–3.06)	NA	6
Catalano 2012 [38]	American	1998–2006	1025	178	TNM IV	Colorectal	Multivariate	0.89(0.59–1.69)	NA	7
Hogan,2013 [45]	Ireland	2000–2010	435	77	TNM IV	Colorectal	Multivariate	0.33(0.14–0.79)	0.75(0.46–1.21)	8
Hugen 2013 [41]	The Netherlands	1990–2010	24,897	2308	TNM IV	Colon	Multivariate	0.98(0.93–1.04)	NA	6
Hugen 2013 [41]	The Netherlands	1990–2010	24,897	744	TNM IV	Rectum	Multivariate	1.22(1.11–1.34)	NA	6
Hugen 2013 [41]	The Netherlands	1990–2010	24,897	861	III	Colorectal	Multivariate	1.05(0.85–1.68)	NA	6
Kim 2013 [43]	Korea	2005–2011	394	41	TNM IV	Colorectal	Multivariate	NA	1.82(1.03–3.23)	7
Xu 2013 [44]	China	2002–2007	775	85	TNM IV	Colorectal	Kaplan–Meier	2.04(1.35–3.03)	NA	7
Imai 2013 [42]	Japan	1990–2011	250	144	TNM IV	Colorectal	Kaplan–Meier	0.75(0.46–1.23)	NA	6
Ooki 2014 [46]	Japan	2001–2011	425	16	TNM IV	Colorectal	Multivariate	0.28(0.12–0.65)	0.38(0.17–0.83)	7
ElHawary 2015 [47]	Egypt	2007–2011	131	56	TNM IV	Colorectal	Kaplan–Meier	2.33(1.33–4.00)	2.50(1.52–4.17)	6
Park 2015 [9]	Korea	2000–2010	6475	274	TNM IV	Colorectal	Multivariate	1.59(0.97–2.61)	1.58(0.96–2.58)	8
Inamura 2015 [48]	American	NA	1336	140	TNM IV	Colorectal	Kaplan–Meier	1.19(0.84–1.70)	NA	6
Claudia 2016 [50]	Germany	2004–2013	8758	613	TNM IV	Colorectal	Multivariate	1.11(0.98–1.26)	NA	6
Nitsche 2016 [49]	Germany	1998–2012	28,056	2724	TNM IV	Colorectal	Multivariate	0.99(0.95–1.10)	NA	7
Payandeh 2017 [8]	Iran	2008–2015	83	32	TNM IV	Colorectal	Kaplan–Meier	0.53(0.26–1.08)	NA	8
Hosseini 2017 [51]	Korea	2000–2013	1268	144	TNM IV	Colorectal	Kaplan–Meier	1.25(0.93–1.70)	1.45(1.14–1.84)	7
Soliman 2018 [52]	American	1990–2010	224	34	TNM IV	Colorectal	Multivariate	2.47(1.28–4.53)	2.36(1.44–3.96)	6
Dai 2019 [53]	China	2004–2015	74,993	13,035	TNM IV	Colorectal	Multivariate	1.07(1.05–1.1)	NA	7
Li 2019 [54]	China	2007–2015	8005	428	TNM IV	Colorectal	Multivariate	1.11(0.82–1.51)	1.02(0.79–1.31)	8
Li 2020 [55]	China	2009–2013	11,7229	9494	TNM IV	Colorectal	Kaplan–Meier	1.28(1.25–1.33)	NA	7
Tümay 2020 [56]	Turkey	2006–2019	372	48	TNM IV	Colorectal	Multivariate	1.02(0.63–1.66)	NA	7
Tümay 2020 [56]	Turkey	2006–2019	372	32	TNM IV	Colon	Multivariate	1.55(0.83–2.90)	NA	7

Table 1 (continued)

Study	Study region	Recruitment time	No. of patients	No. of patients with MAC	Clinical Stage	Tumor location	Analysis method	OS HR(95%CI)	DFS HR(95%CI)	Quality score
Tümay 2020 [56]	Turkey	2006–2019	372	16	TNM I-IV	Rectum	Multivariate	0.47(0.18–1.24)	NA	7
Wang 2020 [11]	Japan	2007–2016	3296	126	TNM I-IV	Colorectal	Kaplan–Meier	1.62(1.02–2.59)	1.8(1.13–2.86)	6
Wang 2020 [11]	Japan	2007–2016	3296	10	II	Colorectal	Kaplan–Meier	4.00(0.97–16.67)	4.35(1.23–16.67)	6
Wang 2020 [11]	Japan	2007–2016	3296	75	III	Colorectal	Kaplan–Meier	1.69(0.72–4.00)	1.54(0.78–3.13)	6
Wang 2020 [11]	Japan	2007–2016	3296	39	IV	Colorectal	Kaplan–Meier	1.23(0.70–2.17)	1.43(0.71–2.86)	6
Yu 2020 [57]	China	2004–2016	68,976	6592	TNM I-IV	Colorectal	Multivariate	1.06(1.01–1.11)	NA	6
Abd-Allah 2021 [58]	Egypt	2008–2013	147	17	TNM I-IV	Colorectal	Multivariate	10.70(2.11–54.22)	5.58(1.89–16.46)	6
Lan 2021 [10]	Taiwan	2000–2010	1483	73	TNM I-IV	Colorectal	Kaplan–Meier	0.35(0.18–0.68)	NA	8
Li 2021 [59]	China	2010–2017	1800	248	TNM I-IV	Colorectal	Multivariate	1.51(0.95–2.41)	NA	8
Zhang 2021 [60]	China	NA	743	53	TNM I-IV	Colorectal	Multivariate	NA	1.85(1.15–2.98)	6
Qwaider 2021 [62]	American	2004–2015	937	65	TNM I-IV	Colon	Multivariate	0.96(0.61–1.50)	1.50(0.90–2.50)	6
Huang 2022 [61]	China	2011–2016	530	58	I	Colorectal	Kaplan–Meier	1.33(0.44–3.95)	1.45(0.70–3.00)	7

Table 2 Meta-analysis of the differences of clinicopathological features between MAC and AC in CRC

Parameters Characteristics	Number of studies	OR (95%CI)	I2(%)	Ph	Z	P value
Gender(Male vs Female)	41	0.87 (0.86–0.88)	53	<0.01	18.82	<0.01
CEA(≥ 5 ng/mL vs < 5 ng/mL)	8	1.62(1.38–1.88)	57	0.02	6.10	<0.01
Tumor location(colon vs rectum)	36	1.79(1.76–1.83)	53	<0.01	56.98	<0.01
Tumor size(≥ 5 cm vs < 5 cm)	4	2.26(2.17–2.36)	57	0.07	38.36	<0.01
T stage(T0+Tis+T1+T2 vs T3+T4)	21	0.48 (0.47–0.51)	88	<0.01	34.29	<0.01
N stage(N0 vs N1+N2)	14	0.83(0.80–0.86)	82	<0.01	10.31	<0.01
M stage(M0 vs M1)	5	0.85(0.81–0.89)	85	<0.01	6.68	<0.01
TNM stage(0+I+II vs III+IV)	26	0.88(0.87–0.90)	99	<0.01	15.08	<0.01
Duke's stage(A+B vs C+D)	9	0.57(0.46–0.72)	17	0.30	4.91	<0.01
Differentiation(poor vs moderate+well)	16	0.84(0.82–0.85)	99	<0.01	18.08	<0.01
Lymphatic invasion(+ vs -/missing)	9	1.07(0.99–1.15)	90	<0.01	1.70	0.09
Vascular invasion(+ vs -/missing)	9	0.87(0.78–0.98)	86	<0.01	2.37	0.02
Lymphovascular invasion(+ vs -/missing)	12	0.84(0.74–0.95)	96	<0.01	2.76	<0.01
Perineural invasion (+ vs -/missing)	11	0.92(0.79–1.06)	21	0.24	1.16	0.25
BRAF mutation(+ vs -/missing)	3	2.80(1.99–3.94)	31	0.24	5.91	<0.01
KRAS mutation(+ vs -/missing)	4	0.68 (0.55–0.85)	50	0.11	3.42	<0.01
MSI status (MSI-H vs MSI-L+MSS)	6	1.83(1.48–2.27)	96	<0.01	5.58	<0.01
Lymph node metastasis (+ vs -)	9	2.59(2.17–3.11)	96	<0.01	10.39	<0.01
Liver metastasis (\pm)	9	0.51(0.41–0.63)	41	0.10	5.96	<0.01
Lung metastasis (\pm)	5	0.62(0.40–0.95)	0	0.69	2.18	0.03

95% CI: 1.08–1.19, $P < 0.01$), with different data types (analysed with multivariate method HR=1.02, 95% CI: 1.02–1.03, $P < 0.01$; analysed with Univariate or K-M survival curves HR=1.11, 95% CI: 1.1–1.13, $P < 0.01$), and with TNM stage II (HR=1.39, 95% CI: 1.07–1.8, $P < 0.01$). However, the OS were not statistically different in MAC and AC patients with tumor located in colon (HR=1.01, 95% CI: 1–1.02, $P = 0.21$), TNM stage III (HR=1.02, 95% CI: 0.95–1.09, $P = 0.64$) and IV (HR=1.13, 95% CI: 0.91–1.41, $P = 0.27$) (Table 3). As shown in Table 4, no significant difference was detected in DFS between MAC and AC.

Publication bias and sensitivity analysis

The funnel plots of publication bias of 54 studies for OS and 13 studies for DFS showed basic symmetry (Fig. 3A and B). Evaluation of publication bias using Begg's and Egger's tests also showed that no publication bias existed (P value of Begg's test, 0.893 and 0.760 for OS and DFS, respectively; P value of Egger's test, 0.065 and 0.373 for OS and DFS, respectively). Furthermore, to evaluate the results of meta-analysis, sensitivity analysis was conducted. No significant change was found in the results

when any one study was excluded, confirming the robustness and reliability of meta-analysis results on both OS and DFS (Table 5).

Discussion

This systemic review and meta-analysis explore the differences of clinicopathological features and prognosis between MAC and AC, it covers a wide range of time from 1976–2022, 56 articles and 803,157 patients. Previous studies have confirmed that MAC often presents with advanced stages [36, 41, 52, 67]. This meta-analysis also showed that MAC was significantly associated with advanced TNM stage and lymph node metastasis. Besides, rate of lymphovascular invasion was also higher in MAC than in AC. These results indicate the essential role of mucin in local development and metastasis in MAC.

However, lymphatic invasion (OR=1.07, 95%CI: 0.99–1.15, $P = 0.09$) and perineural invasion (OR=0.92, 95%CI: 0.79–1.06, $P = 0.25$) were not correlated with MAC as revealed in this study. Compared with AC, MAC was reported to be associated with different

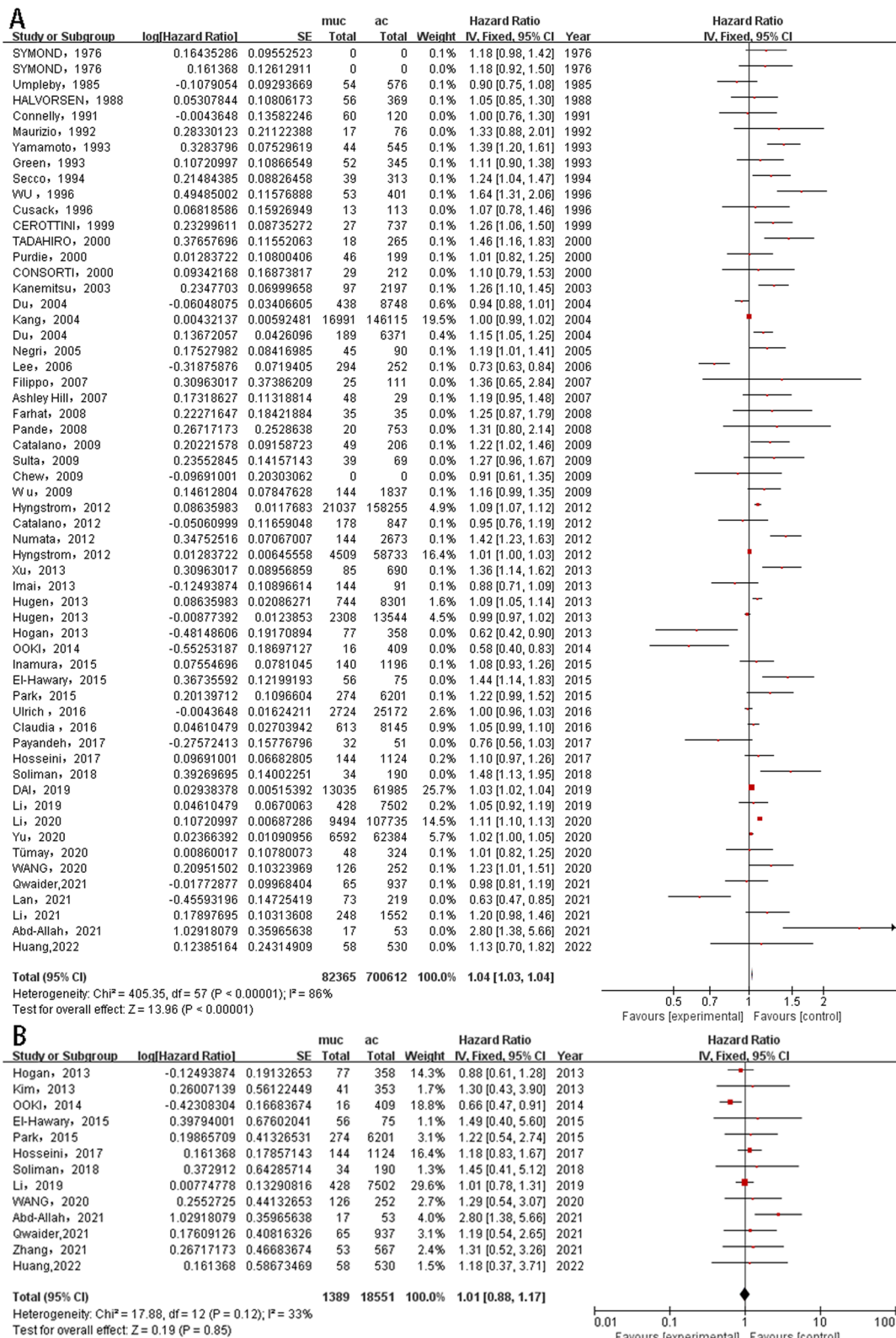


Fig. 2 Forest plots: Summary hazard ratios (HRs) and 95% confidence intervals (CIs) of colorectal cancer OS (a) and DFS (b) for Mucinous subtype

Table 3 Subgroup analyses for overall survival

Outcome	Characteristics	Number of studies	HR(95%CI)	I ² (%)	Ph	Z	P value
Recruitment time	before 2012	27	1.01(1.00–1.03)	78	<0.01	2.59	0.01
	after 2012	27	1.04(1.04–1.05)	89	<0.01	14.43	<0.01
Tumor location	colon	6	1.01(1.00–1.02)	54	0.05	1.26	0.21
	rectum	5	1.09(1.07–1.11)	26	0.25	8.93	<0.01
Region	eastern Asia	23	1.06(1.05–1.06)	89	<0.01	14.77	<0.01
	other regions	31	1.02(1.02–1.03)	80	<0.01	6.48	<0.01
Sample Size	≥ 500	28	1.04(1.03–1.04)	90	<0.01	13.51	<0.01
	< 500	26	1.13(1.08–1.19)	72	<0.01	5.03	<0.01
Data types	univariate or K-M survival curves	31	1.11(1.10–1.13)	73	<0.01	16.69	<0.01
	multivariate	23	1.02(1.02–1.03)	82	<0.01	7.91	<0.01
TNM stage	II	3	1.39(1.07–1.80)	0	0.63	2.48	0.01
	III	5	1.02(0.95–1.09)	70	0.01	0.47	0.64
	IV	2	1.13(0.91–1.41)	0	0.53	1.11	0.27

Table 4 Subgroup analyses for disease-free survival

Outcome	Characteristics	Number of studies	HR(95%CI)	I ² (%)	Ph	Z	P
Region	eastern Asia	8	0.97(0.82–1.14)	15	0.31	0.39	0.7
	other regions	5	0.99(0.72–1.35)	0	0.86	0.09	0.93
Sample Size	≥ 500	6	0.90(0.80–1.02)	0	0.98	0.91	0.36
	< 500	7	0.82(0.66–1.03)	0	0.51	1.68	0.09
Data types	univariate or K-M survival curves	5	1.20(0.89–1.63)	0	1.00	1.20	0.23
	multivariate	8	0.91(0.77–1.08)	0	0.43	1.09	0.28

molecular features, such as MSI and mutations in BRAF, KRAS [68]. This meta-analysis suggests that MAC has higher KRAS mutation and lower BRAF mutation tendency. MSI-H is a well-established prognostic biomarker for better survival [49]. Consistent with previous studies [9, 28, 29, 33, 69], MAC patients exhibited a higher rate of MSI-H, which might provide clues for using immunotherapy in MAC.

The prognosis of MAC patients is a pivotal topic but has always been in controversy, this meta-analysis suggests that MAC has a poor OS but comparable DFS compared with AC. Previous studies have suggested that the OS of MAC changes with tumor location and stage [9, 29, 41]. Subgroup analysis in this study found that MAC was correlated with OS in cohorts with TNM stage II and tumor located in rectum, but not with III or IV stage and tumor located in colon. So the prognosis of patients with MAC also varies and should be evaluated according to the localization of the tumor and TNM staging.

We included 13 articles to explore the relationship of DFS between AC and MAC, however, no difference was found.

This meta-analysis has several limitations. First, heterogeneity in the meta-analysis is significant, although sensitivity analysis revealed the prognostic value of MAC by removing each study individually. Second, the number of patients recruited in some included studies was relatively small. Third, the included studies comprise a long time period and cover a diverse geographical origin, differences in treatment may affect survival analysis for MAC. Fortunately, publication bias was not detected for 54 studies for OS and 13 studies for DFS, and sensitivity analysis revealed that no significant change was found in the results when any 1 study was excluded. Finally, although we use Begg's and Egger's tests to assess the publication bias in our meta-analysis, some missing data were inevitable.

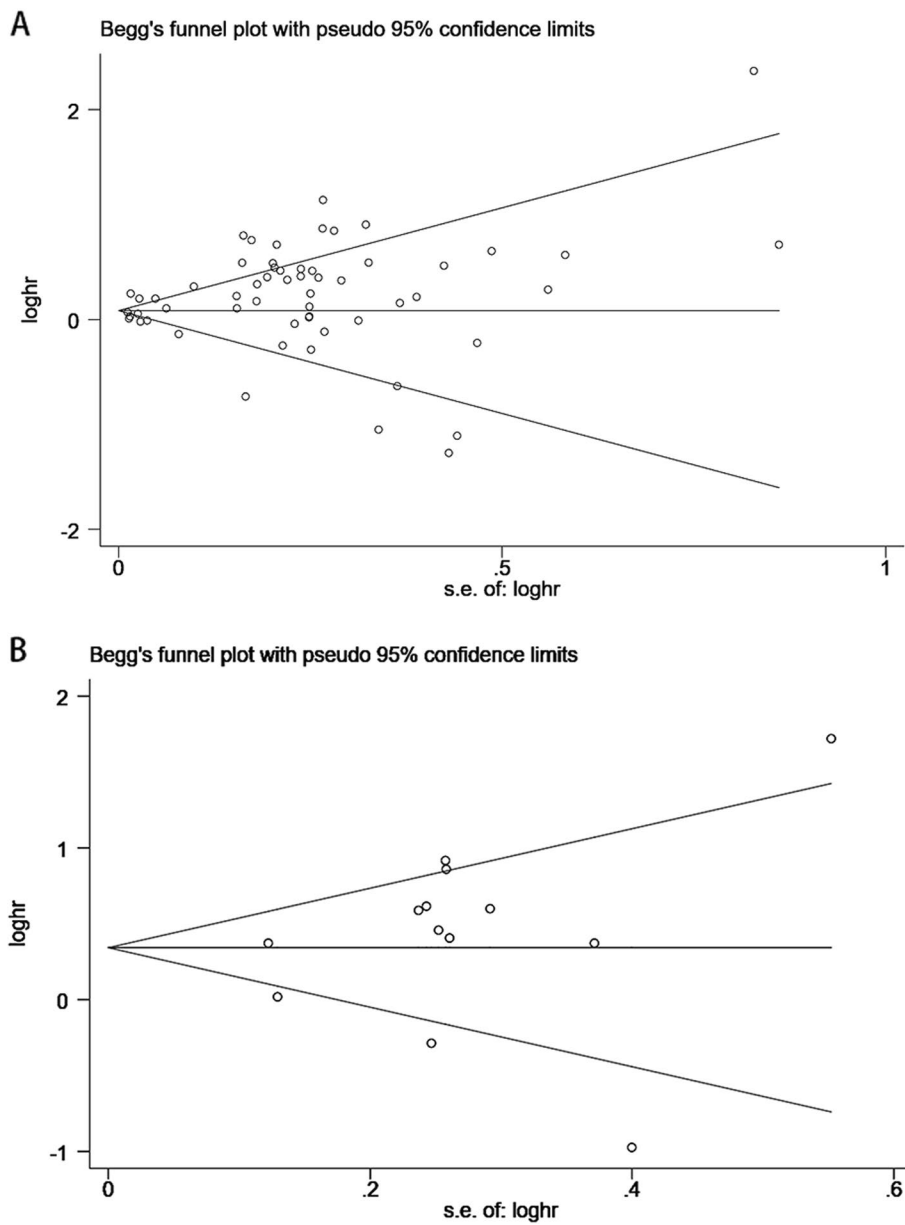


Fig. 3 Begg's funnel plots of the natural logarithm of the hazard ratios (HRs) and the SE of the natural logarithm of the HRs for the included studies reported with OS (a) and DFS (b)

Table 5 The influence of individual study on the pooled estimate for outcomes

Outcome	Study omitted	HR(95%CI)	I ² (%)	Ph	Z	P value
OS	Symond 1976 [12] (colon)	1.18(0.98–1.42)	86	< 0.01	13.92	< 0.01
	Symond 1976 [12] (rectum)	1.18(0.92–1.50)	86	< 0.01	13.94	< 0.01
	Umpleby 1985 [13]	0.90(0.75–1.08)	86	< 0.01	14.00	< 0.01
	Halvorsen 1988 [14]	1.05 (0.85–1.30)	86	< 0.01	13.95	< 0.01
	Connelly 1991 [15]	1.00(0.76–1.30)	86	< 0.01	13.96	< 0.01
	PonzdeLeon 1992 [16]	1.33(0.88–2.01)	86	< 0.01	13.95	< 0.01
	Yamamoto1993 [18]	1.39(1.20–1.61)	86	< 0.01	13.82	< 0.01
	Green 1993 [17]	1.11(0.90–1.38)	86	< 0.01	13.94	< 0.01
	Secco 1994 [19]	1.24(1.04–1.47)	86	< 0.01	13.90	< 0.01
	Cusack 1996 [20]	1.07(0.78–1.46)	86	< 0.01	13.96	< 0.01
	Wu 1996 [21]	1.64(1.31–2.06)	86	< 0.01	13.87	< 0.01
	Cerottini 1999 [22]	1.26(1.06–1.50)	86	< 0.01	13.89	< 0.01
	Purdie 2000 [25]	1.01(0.82–1.25)	86	< 0.01	13.96	< 0.01
	Consorti 2000 [23]	1.10(0.79–1.53)	86	< 0.01	13.95	< 0.01
	Tadahiro 2000 [24]	1.46(1.16–1.83)	86	< 0.01	13.89	< 0.01
	Kanemitsu 2003 [26]	1.26(1.10–1.45)	86	< 0.01	13.85	< 0.01
	Kang 2004 [28]	1.00(0.99–1.02)	85	< 0.01	15.20	< 0.01
	Du 2004 [27] (colon)	0.94(0.88–1.01)	86	< 0.01	14.14	< 0.01
	Du 2004 [27] (rectum)	1.15(1.05–1.25)	86	< 0.01	13.79	< 0.01
	Negri 2005 [29]	1.19(1.01–1.41)	86	< 0.01	13.90	< 0.01
	Lee 2006 [32]	0.73(0.63–0.84)	85	< 0.01	14.13	< 0.01
	Hill 2007 [31]	1.19(0.95–1.48)	86	< 0.01	13.93	< 0.01
	Filippo 2007 [30]	1.36(0.65–2.84)	86	< 0.01	13.96	< 0.01
	Pande 2008 [34]	1.31(0.80–2.14)	86	< 0.01	13.95	< 0.01
	Farhat 2008 [33]	1.25(0.87–1.79)	86	< 0.01	13.95	< 0.01
	Sultan 2009 [37]	1.27(0.96–1.67)	86	< 0.01	13.93	< 0.01
	Chew 2009 [36]	0.91(0.61–1.35)	86	< 0.01	13.97	< 0.01
	Catalano 2009 [35]	1.22(1.02–1.46)	86	< 0.01	13.90	< 0.01
	Wu 2009 [5]	1.16(0.99–1.35)	86	< 0.01	13.91	< 0.01
	Hyingstrom 2012 [39] (colon)	1.01(1.00–1.03)	86	< 0.01	14.33	< 0.01
	Hyingstrom 2012 [39] (rectum)	1.09(1.07–1.12)	86	< 0.01	12.59	< 0.01
	Numata 2012 [40]	1.42(1.23–1.63)	86	< 0.01	13.73	< 0.01
	Catalano 2012 [38]	0.95(0.76–1.19)	86	< 0.01	13.92	< 0.01
	Hogan 2013 [45]	0.62(0.42–0.90)	86	< 0.01	14.00	< 0.01
	Hugen 2013 [41]	0.99 (0.97–1.02)	86	< 0.01	14.44	< 0.01
	Xu 2013 [44]	1.36(1.14–1.62)	86	< 0.01	13.87	< 0.01
	Imai 2013 [42]	0.88(0.71–1.09)	86	< 0.01	13.99	< 0.01
	Ooki 2014 [46]	0.58(0.40–0.83)	86	< 0.01	14.00	< 0.01
	ElHawary 2015 [47]	1.44(1.14–1.83)	86	< 0.01	13.90	< 0.01

Table 5 (continued)

Outcome	Study omitted	HR(95%CI)	I ² (%)	Ph	Z	P value
DFS	Park 2015 [9]	1.22(0.99–1.52)	86	< 0.01	13.92	< 0.01
	Inamura 2015 [48]	1.08(0.93–1.26)	86	< 0.01	13.94	< 0.01
	Claudia 2016 [50]	1.05(0.99–1.10)	86	< 0.01	13.86	< 0.01
	Nitsche 2016 [49]	1.00(0.96–1.03)	86	< 0.01	14.19	< 0.01
	Payandeh 2017 [8]	0.76(0.56–1.03)	86	< 0.01	13.99	< 0.01
	Hosseini 2017 [51]	1.10(0.97–1.26)	86	< 0.01	13.92	< 0.01
	Soliman 2018 [52]	1.48(1.13–1.95)	86	< 0.01	13.91	< 0.01
	Dai 2019 [53]	1.03(1.02–1.04)	86	< 0.01	12.84	< 0.01
	Li 2019 [54]	1.05(0.92–1.19)	86	< 0.01	13.95	< 0.01
	Li 2020 [55]	1.11(1.10–1.13)	80	< 0.01	8.68	< 0.01
	Tümay 2020 [56]	1.01(0.82–1.25)	86	< 0.01	13.96	< 0.01
	Wang 2020 [11]	1.23(1.01–1.51)	86	< 0.01	13.91	< 0.01
	Yu 2020 [57]	1.02(1.00–1.05)	86	< 0.01	13.85	< 0.01
	Abd-Allah 2021 [58]	2.80(1.38–5.66)	86	< 0.01	13.94	< 0.01
	Lan 2021 [10]	0.63(0.47–0.85)	86	< 0.01	14.02	< 0.01
	Li 2021 [59]	1.20(0.98–1.46)	86	< 0.01	13.92	< 0.01
	Qwaider 2021 [62]	0.98(0.81–1.19)	86	< 0.01	13.97	< 0.01
	Huang 2022 [61]	1.13(0.70–1.82)	86	< 0.01	13.96	< 0.01
	Hogan 2013 [45]	0.88(0.61–1.28)	36	0.10	0.47	0.63
	Kim 2013 [43]	1.30(0.43–3.90)	38	0.09	0.13	0.89
	Ooki 2014 [46]	0.66(0.47–0.91)	0	0.58	1.43	0.15
	ElHawary 2015 [47]	1.49(0.40–5.60)	37	0.09	0.13	0.90
	Park 2015 [9]	1.22(0.54–2.74)	38	0.09	0.11	0.91
	Hosseini 2017 [51]	1.18(0.83–1.67)	36	0.11	0.19	0.85
	Soliman 2018 [52]	1.45(0.41–5.12)	37	0.09	0.13	0.90
	Li 2019 [54]	1.01(0.78–1.31)	38	0.08	0.19	0.85
	Wang 2020 [11]	1.29(0.54–3.07)	37	0.09	0.10	0.92
Abd-Allah 2021 [58]	2.80 (1.38–5.66)	0	0.57	0.39	0.70	
Zhang 2021 [60]	1.31(0.52–3.26)	37	0.09	0.11	0.92	
Qwaider 2021 [62]	1.19(0.54–2.65)	38	0.09	0.12	0.91	
Huang 2022 [61]	1.18(0.37–3.71)	38	0.09	0.16	0.87	

Conclusions

MAC has greatly different clinicopathological features compared with AC. And MAC indicated a poor OS relative to AC, though the DFS was comparable. This evidence suggests that MAC should be regarded as a unique cancer to treat, and further studies are needed to better define the mechanism of MAC initiation and development.

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12885-024-12905-3>.

Supplementary Material 1.

Registration and protocol

This study was not registered.

Authors' contributions

YH and CJB come up with the study, then all author collaborated on the design of the project. WX, WHR collated, screened and analyzed the data together, and drafted the manuscript. HHQ, LK and YWG reviewed the content, revised the manuscript and approved the final manuscript. With the joint efforts of all authors, this study was completed and completed. The author(s) read and approved the final manuscript.

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Availability of data and materials

The data that support the findings of this study are available upon request.

Declarations**Competing interests**

The authors declare no competing interests.

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