



14.8.2010

Dear Blogger,

Re: Infringement of our Copyright and other rights.

We are a registered public charitable trust founded by His Holiness Sri Sri Ravishankar (His Holiness). Our head office is at No. 19, 39th A Cross, 11th Main, IV T Block, Jayanagar, Bangalore – 560 041, Karnataka, India.

Through our authorized Teachers we teach courses/programmes designed by His Holiness (popularly known as the Art of Living Courses) all over the world. Through the Course we teach a breathing technique developed by His Holiness called the Sudarshan Kriya (“the SK Technique”). The beneficial and healing effects of the SK Technique are well known and well documented.

The SK Technique is taught by us to the course participants only through authorized and trained Art Of Living Teachers. The authorised Teachers are provided an instruction manual known as the Sudarshan Kriya Notes (“the SK Notes”). These Notes are strictly confidential and are read out to authorised Teachers who copy the same in a note book. All such teachers undertake to keep these Notes strictly confidential. The Copyright in these Notes belongs exclusively to us.

You have without any authority published these SK Notes on your blog. This is an infringement of our copyright and also a serious violation of our right to keep the SK Notes Confidential. It appears that you have obtained a copy of the SK Notes in an unauthorized/illegal manner and are now misusing the access to the same. In case by any chance you are an authorized teacher, you are in serious breach of your undertaking to keep the SK Notes confidential.

We put you to notice that any misuse of the Notes by you or any visitor on your Blog could cause serious harm / injury to others, in the event any attempt is made to teach the SK Technique on the basis of and pursuant to the unauthorized publication of the SK Notes by you. You will be held personally responsible for any such harm / injury.

We hereby call upon you to forthwith:

1. delete the SK Notes from your Blog and to hand over all copies thereof to us; AND
2. disclose your complete name and residential address.

Vyakti Vikas Kendra, India

Trust Office : No. 19, 39th A Cross, 11th Main, IV T Block, Jayanagar, Bangalore – 560041
Phone : +91-80-43413700, Email : trustees@vki.net



We reserve our right to institute appropriate legal proceedings against you at your entire risk as to the costs and consequences.

Lastly please note that your blog contains defamatory material which has been posted with malicious intent. We hereby call upon you to immediately remove all such defamatory material immediately, failing which we reserve our right to take appropriate legal action.

Vyakti Vikas Kendra India

(Chariman & Trustee)

**Vyakti Vikas Kendra India,
No. 19, 39th A Cross, 11th Main,
IV T Block, Jayanagar,
Bangalore – 560 041,
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